

## Enhancing School Health Services to Support Attendance and Trauma Informed School Initiatives

For almost three years, Central High has been working to develop safe, empowering, and equitable environments school-wide by integrating two initiatives, a Trauma Informed Schools (TIS) pilot and Positive Behavior Interventions and Supports (PBIS) implementation.

The school district and community had already developed a school-based health center and added onsite school-based mental health, so there were existing partnerships in place to support students with health services. Beginning in May of 2018 the Oregon School-Based Health Alliance, Central School District, Polk County, and the Central Health and Wellness Center (SBHC) came together in a collaborative effort to leverage those partnerships to work on creating systems that support students differently than had been done before. The objective is to decrease absenteeism by addressing ACEs and toxic stress and building resilience for students that need additional support, but may not need intensive individualized services.

This presentation shares the activities that have occurred in the first year of a three-year effort, and focuses on the process of developing a cross sector collaborative to more effectively work together. Panelists discuss what they have learned including root causes of absenteeism, how services are currently delivered, and where there are gaps. They will share their short term outcomes and next steps for achieving their longer term vision.



**Dana Goodale, MSW**, is the School Based Mental Health Supervisor for Polk County. She has 7+ years working in secondary level schools as a school social worker providing mental health support. Prior to working in the schools, she coordinated Wraparound Services for families in Marion County, working with the youth who have the highest behavioral health needs to be successful and safe both at home and at school.

**Maureen Hinman**, is the Director of Policy and Strategic Initiatives for the Oregon School-Based Health Alliance, and a dedicated advocate for school health services. She led development of legislation for Oregon's trauma informed schools pilot project and has provided technical assistance to the pilot schools for the past three years. In addition she has facilitated development of the Central Community Collaborative.

Prior to her work with OSBHA, Maureen worked in the Oregon Health Authority's Public Health Division doing program, policy, and operations work, provided health education internationally, and was the administrator of a safety net clinic with a primary focus on youth.



**Danielle Vander Linden, MS, QMHP**

Trauma Informed Coordinator, Central School District

Danielle Vander Linden is a Trauma Informed Coordinator at Central High School in Independence, Oregon. She holds a masters degree in special education from Western Oregon University and has ten years of experience working with at-risk children and youth in Oregon's foster care system, as well as adults with intellectual and developmental disabilities. Danielle also holds experience in developing sustainable systems through policy, procedure, and practice. She was trained at the Sanctuary Institute in 2012, which focused on addressing organizational trauma, and assisted in integrating trauma informed approaches into a non-profit social service workforce. She has also received training in Collaborative Problem Solving, MANDT, OIS, and ASIST. She is now working under a pilot project to develop a trauma informed approach in Oregon's school settings.

**Karen Remington, Salem Health Medical Group Clinic Manager**

Karen Remington has been the clinic manager of several West Valley Hospital owned physician clinics for the past 12 years. West Valley Hospital is located in Dallas, Oregon serving the communities of Dallas, Monmouth, Independence as well as several surrounding rural communities. She was involved in the planning and development of Polk County's first and only School-Based Health Center, Central Health & Wellness Center, which successfully opened in 2015 with West Valley Hospital serving as the medical sponsor. Karen's clinical background is in Clinical Laboratory Sciences and she served as West Valley Hospital's Laboratory Manager prior to her transition to the physician clinics. She continues to manage two family medicine clinics, one specialty clinic and the SBHC.

