

Co-located Mental Health is Not Enough

The time for change is now

Behavioral health integration is critical in addressing the biopsychosocial needs of youth. We will share our integration journey while addressing sustainability, productivity and barriers. We will also demonstrate how the integrated behavioral health model is uniquely set up to meet the needs of clients with an evidence based model which highlights brief, problem-focused interventions.

Through interactive case presentations, the audience will begin to understand a fully integrated model and tools for moving their practices toward this goal.

Highlights of content

- Introduction of our models
- A few statistics on the need
- Deep dive into what BH is
- Co-location vs integrated
- Comparison of MH to BH
- Funding
- charting/coding
- Challenges-reimbursement/space/training
- Case examples

Kristin Case, FNP

Nurse Practitioner Manager

Multnomah County Health Dept

I have worked as a provider in SBHCs for over 20 years and presently have been working in an integrated behavioral health with co-located mental health SBHC for 4 years. As a manager, I have overseen a number of pilots within our program including: post doctoral BH student internship, split mental health/behavioral health position pilot and MSW student internship. We continue to seek new and innovative means of creating a sustainable integrated behavioral health model. My colleague and I spoke at the national convention on this topic.



Tamarra Harris is the System Clinics Manager for Pediatrics at Mosaic Medical. In addition to managing the pediatric clinics and programs, she enjoys collaborating with community partners in Central Oregon to identify and expand pediatric services to meet community needs. Her patients and their parents represent the most critical network that she is passionate about advocating for and continues to bring in various programs as well as expand services and locations to improve their access to quality healthcare. She is an alumni of both Simpson University and California Health Leadership College out of California.

Tamarra is married with four grown boys. In her free time, she enjoys mountain biking, camping, cross country skiing – well, all things outdoors.

Joanne Serna, LCSW

I have worked in the mental health field for over 30 years. I have worked both in community mental health as well as primary care as a mental health therapist. The last 10 years I have worked as a BHC, 8 of those years in primary care serving patients and their families across the lifespan, the last 2 working in SBHCs serving patients/families from K - 12.