

Youth Empowerment in Mental Health

Our CCO is engaging youth voice in our processes and our decision making regarding grants.

Lessons learned from building our youth advisory council. How we created buy in at our CCO to including youth voice. How to include both structure and flexibility to create a positive learning experience for the youth while giving them the freedom to step into their own leadership.



Joy Lotus has a Masters in Clinical Counseling; two years of experience as a therapist in a middle school setting, six years of experience working in classrooms for youth with special needs, and two years as a care coordinator for youth in a local CCO. In this most recent position she created the only known YAC at the CCO level that has been running for the past two school years.