

# We want to hear from you!

**Have you tried to find behavioral health services (mental health care and addiction services) for yourself, your child or another loved one? Were you able to find help in your community when you needed it?**

**We need to hear YOUR stories about what worked and what didn't. Your story can help make services better in the future!**

Senator Sara Gelser and OHA Director Lynne Saxton invite you to share your story at a Town Hall Meeting in Portland. They will briefly introduce themselves, but we want to hear from the real expert – YOU! This is part of a statewide listening tour to help us find ways to make Oregon a place where people living with mental health needs can thrive!

**Friday, November 20, 2015**

**3:30 to 5:30 p.m. and 6 to 8 p.m., dinner will be provided**

**Portland State Office Building**

**800 NE Oregon St, Portland, Oregon**

Please RSVP and indicate which meeting you will be attending to [BH.TownHalls@dhsosha.state.or.us](mailto:BH.TownHalls@dhsosha.state.or.us). If you need alternate formats, language interpreters (including sign), physical accessibility or other reasonable accommodations, call the Oregon Health Authority at 1-800-282-8096, at least 48 hours before the meeting.

This meeting is for those who are using, have used or have tried to use behavioral health services for themselves or their families, no matter what type of insurance coverage they have. We do encourage advocates, providers, educators, first responders and other community members to attend as listeners.